

6TH COMMANDMENT

Student guide



CONQUERORS
THROUGH
CHRIST



6TH COMMANDMENT CATECHISM LESSON STUDENT GUIDE

This lesson follows the process of

VERBALIZE

NORMALIZE

VILLIANIZE

EVANGELIZE

STRATEGIZE

to teach you to understand and equip you to handle sexual temptation.



INTRODUCTION

STUDY THE ACCOUNT OF DAVID AND BATHSHEBA

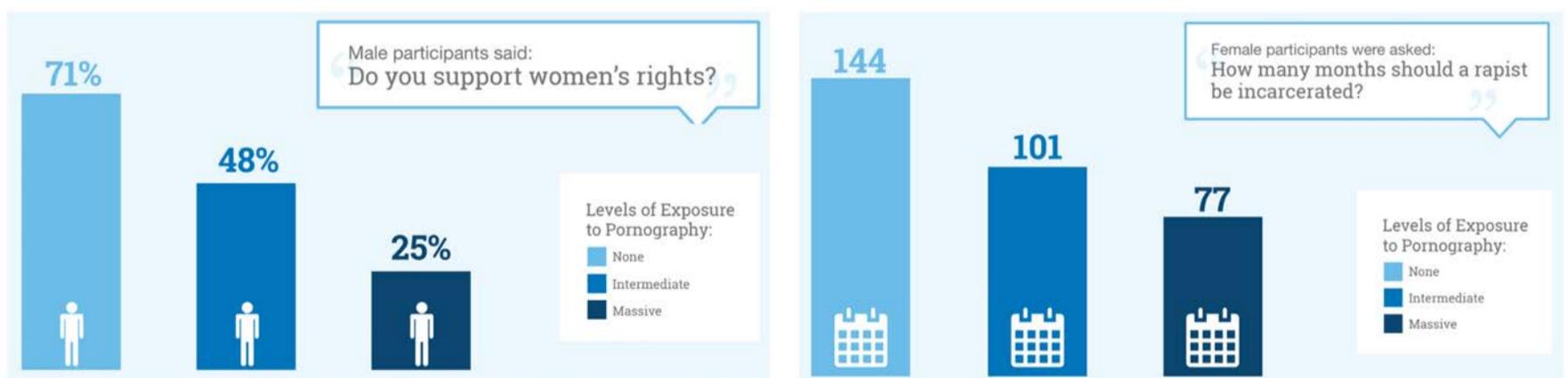
The story takes place in 2 Samuel 11.

What correlation do David's actions have with pornography use?

SHOCKING STATS

Which of the following statistics or facts is the most shocking to you and why?

- 68% of young adult men and 18% of women use porn at least once every week.
- 64% of Christian men and 15% of Christian women say they watch porn at least once a month.
- 51% of male and 32% of female students first viewed porn before their teenage years (12 and younger).
- 56% of divorce cases involved one party having an obsessive interest in pornographic websites.
- Porn users are far more likely to struggle maintaining meaningful relationships with the opposite gender than those who don't use porn.
- It is a well-attested fact that getting married will not cure a person of their porn addiction.





VERBALIZE

Proverbs 28:13

Whoever conceals their sins does not prosper, but the one who confesses and renounces them finds mercy.

Psalms 32:3,5

When I kept silent, my bones wasted away through my groaning all day long. Then I acknowledged my sin to you and did not cover up my iniquity. I said, "I will confess my transgressions to the Lord." And you forgave the guilt of my sin.

Job 31:1

I made a covenant with my eyes not to look lustfully at a young woman.

Question #1: What are some of the "bad" things that would happen if you confessed your sin of watching porn?

Question #2: Why is it so difficult for Christians particularly to confess the sin of watching porn?

Question #3: Is the phrase "my bones wasted away" hyperbole? Why or why not?



NORMALIZE

1 Corinthians 10:13

No temptation has overtaken you except what is common to mankind.
And God is faithful; he will not let you be tempted beyond what you can bear.
But when you are tempted, he will also provide a way out so that you can endure it.

Hebrews 4:15

For we do not have a high priest who is unable to empathize with our weaknesses,
but we have one who has been tempted in every way, just as we are—yet he did not sin.

Question #1: Agree/Disagree: “Porn is one of the worst sins.”

Question #2: Was Jesus tempted by porn?

Question #3: Agree/Disagree: “Based on the statistics above, porn should be easy to confess to one another.”



VILLAINIZE

Matthew 6:22-23

The lamp of the body is the eye. If therefore your eye is good, your whole body will be full of light.
But if your eye is bad, your whole body will be full of darkness.
If therefore the light that is in you is darkness, how great is that darkness!

Matthew 5:28

But I tell you that anyone who looks at a woman lustfully has already committed adultery with her in his heart.

Question #1: What are the ways that porn can make “your whole body full of darkness?”

Question #2: How does porn affect... Your view of yourself? Your view of other people? Your view of grace?



EVANGELIZE

Luke 19:10

For the Son of Man came to seek and to save the lost.

Romans 5:8

But God demonstrates his own love for us in this: While we were still sinners, Christ died for us.

Jeremiah 31:34

For I will forgive their wickedness, and will remember their sins no more.

Feeling guilty?

Jesus came to find you while you were lost in your guilt.

Feeling like a failure in trying to break an addiction?

Jesus died for you before you even said you were sorry the first time, and forgave you even before you realized you needed to be forgiven. He has already forgiven your failure to break addiction as well.

Feeling the weight of years of porn use?

God doesn't remember those years of struggle. He forgave and forgot them.

Feeling sorry for your friend who is struggling?

Sacrifice for them like Jesus did for them. Find them, talk to them, confront them, pray for them, forgive them! Those are all things Jesus has done for them. Be the physical presence of God to your friends who need help.



STRATEGIZE

What's my next step?

(If you're someone who struggles with pornography)

Confess, Confess, Confess. Make yourself a rule right now that every time you fall into porn for the rest of your life, you're going to tell someone. It's proven that people who confess more often are more likely to break an addiction. Find a trusted Christian friend. Talk to your pastor. They love you. They will forgive you.

(If you're someone who does not struggle with pornography)

Tell people about the dangers of porn use, but also the amazing grace of God for sinners. Pray for people. Love someone if they confess to you.

